

IV and Oral Sedation Instructions

For your safety and protection, please follow these instructions:

- **Do not eat or drink anything 6 hours prior to your appointment.** You may brush your teeth with water. You may drink water until 2 hours prior to your appointment.
- **A responsible adult must accompany you to your appointment.** It will be that person's responsibility to be sure that you return home safely and rest for the next 24 hours. You must not be left alone the first 6 hours after sedation.
- Please bring the full name and phone number for your escort.
- Do not wear contact lenses or jewelry to your appointment.
- Loose fitting two piece clothing is suggested for your comfort and for ease of placement of monitors.
- **Short-sleeved shirts are helpful.** Do not wear high-heeled shoes as you may not be steady on your feet.
- **Please take any prescription medication as you routinely would unless your provider tells you otherwise.** Please take the medicine with only 1 or 2 ounces of water.
- A change in your health such as the development of a cold or fever is important. Please share that information with your provider prior to your appointment.
- **Payment is expected when services are rendered.** You may wish to stop by the payment desk prior to your appointment, so that you can leave immediately following your appointment.